Populations at High Risk for Foodborne Illnesses
Certain groups of people have a higher risk of getting a foodborne illness.

- Elderly people
  People's immune systems weaken with age. The immune system is the body's defense against illness.

- Preschool-age children
  Very young children have not built up strong immune systems.

- People with compromised immune systems
  - People with cancer or on chemotherapy
  - People with HIV/AIDS
  - Transplant recipients
  - People taking certain medications

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Apply Your Knowledge
What's the Cause?
Write an X next to the 5 most common causes of foodborne illness.

1. Purchasing food from unsafe sources
2. Allowing pests to enter the operation
3. Failing to cook food correctly
4. Failing to rotate food during storage
5. Using contaminated equipment
6. Holding food at incorrect temperatures
7. Practicing poor personal hygiene
8. Failing to store dry food correctly

Which Is It?
Write an X next to the food that needs time and temperature control to keep it safe.

1. Chopped lettuce
2. Sliced watermelon
3. Dry rice
4. Flour
5. Cooked carrots
6. Cheese

For answers, please turn to page 1.13.